

# MHLC Leveled Certification

*"Success is a journey, not a destination.  
It requires constant effort, vigilance, and reevaluation." ~ Mark Twain*

The MHLC has developed a leveled certification model that guides people in successfully integrating mental health literacy (MHL) into the fabric of their community. MHL is a flexible framework for offering relevant and meaningful mental health education across all communities.



01

## MHL Aware

This introductory level focuses on educating individuals about 1) What MHL is, 2) Why it is beneficial, and 3) How they can bring this information to their community. In addition to these core focus areas, the training provides basic, real-world application strategies.

02

## MHL Responsive

This level supports communities in creating and empowering a team to evaluate and enhance community efforts around MHL. It is imperative for long-term success because it insulates the community from losing a single MHL champion and develops priorities that enhance existing initiatives and build upon them through group action.

03

## MHL Informed

This level endorses a community that has created an MHL Responsive Team and is actively incorporating the MHL framework. The endorsement is achieved through a review process by the MHLC, and MHL Informed communities are provided continued support for their efforts.



## Working with the MHLC

If you're interested in the certification training for yourself or for your community, click the button below to fill out our interest form.

[MHL Aware Interest Form](#)